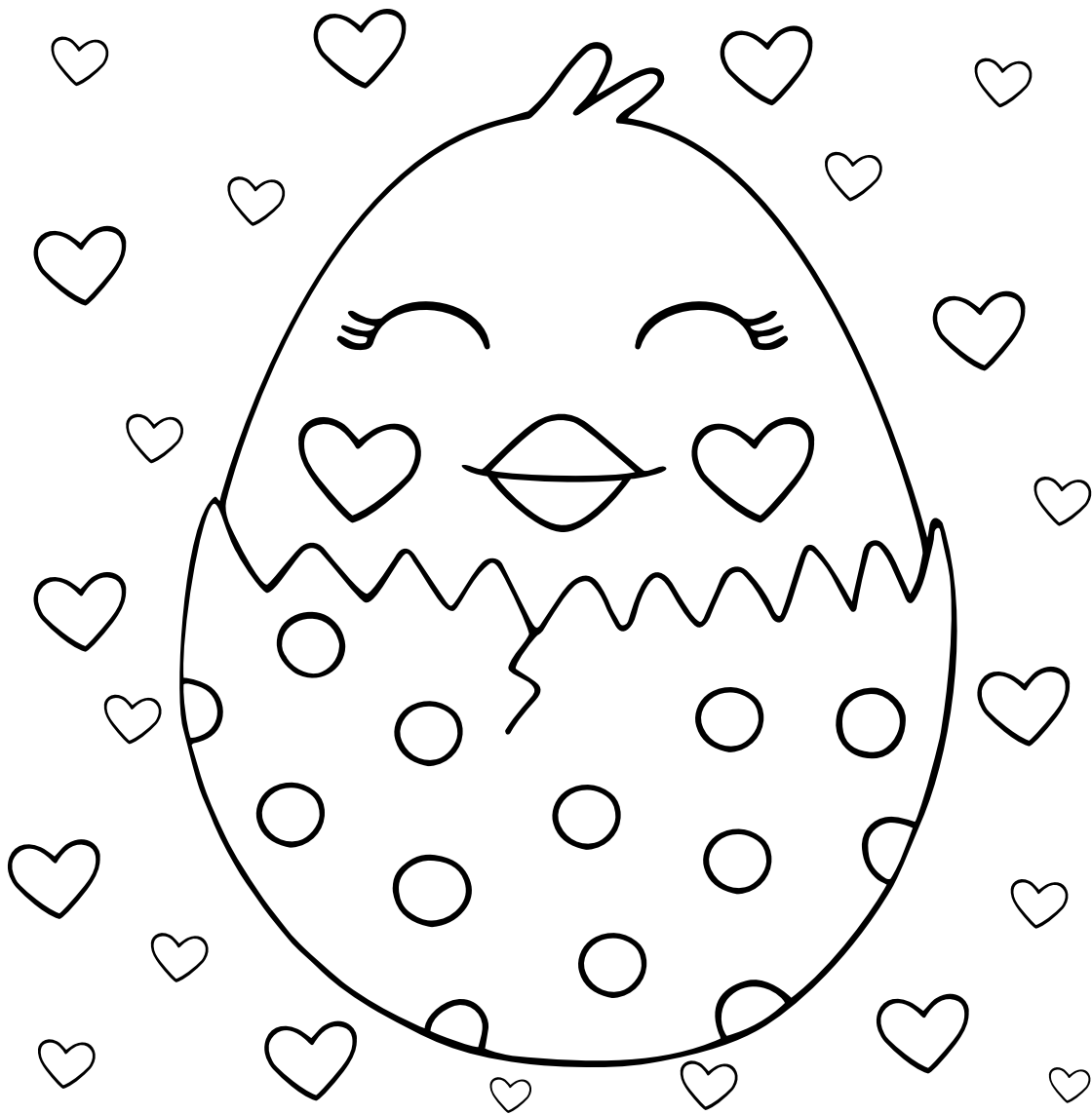


# THE HISTORY OF Valentine's Day



A COLORING AND ACTIVITY BOOK  
By Chickens.org

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Special thank you to TheCatholicKid.com and Rita Miller (Immaculate Heart Coloring Pages) for use of their artwork.

To learn more about chickens, or to join our community of people who love chickens, you can find us at:

Website: [www.chickens.org](http://www.chickens.org)

Instagram: @chickens.org\_

Facebook: @chickensorg

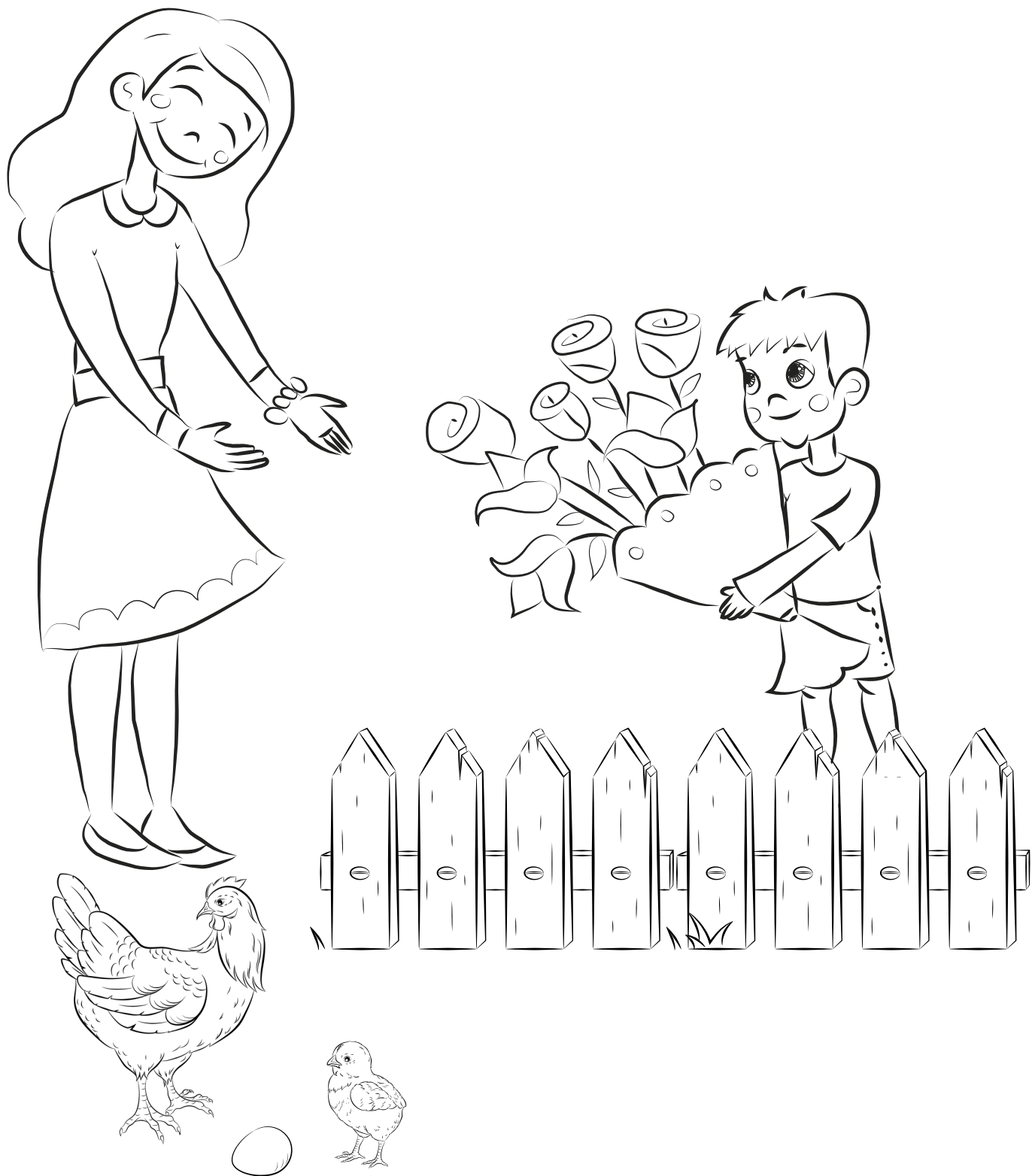
Chickens.org (a program of Capax World, [www.capax.org](http://www.capax.org)) is dedicated to spreading chicken information, and establishing coops and gardens in poor communities, to reduce malnutrition.

© Chickens.org

Every year on February 14<sup>th</sup>, people around the world celebrate a holiday called Valentine's Day.

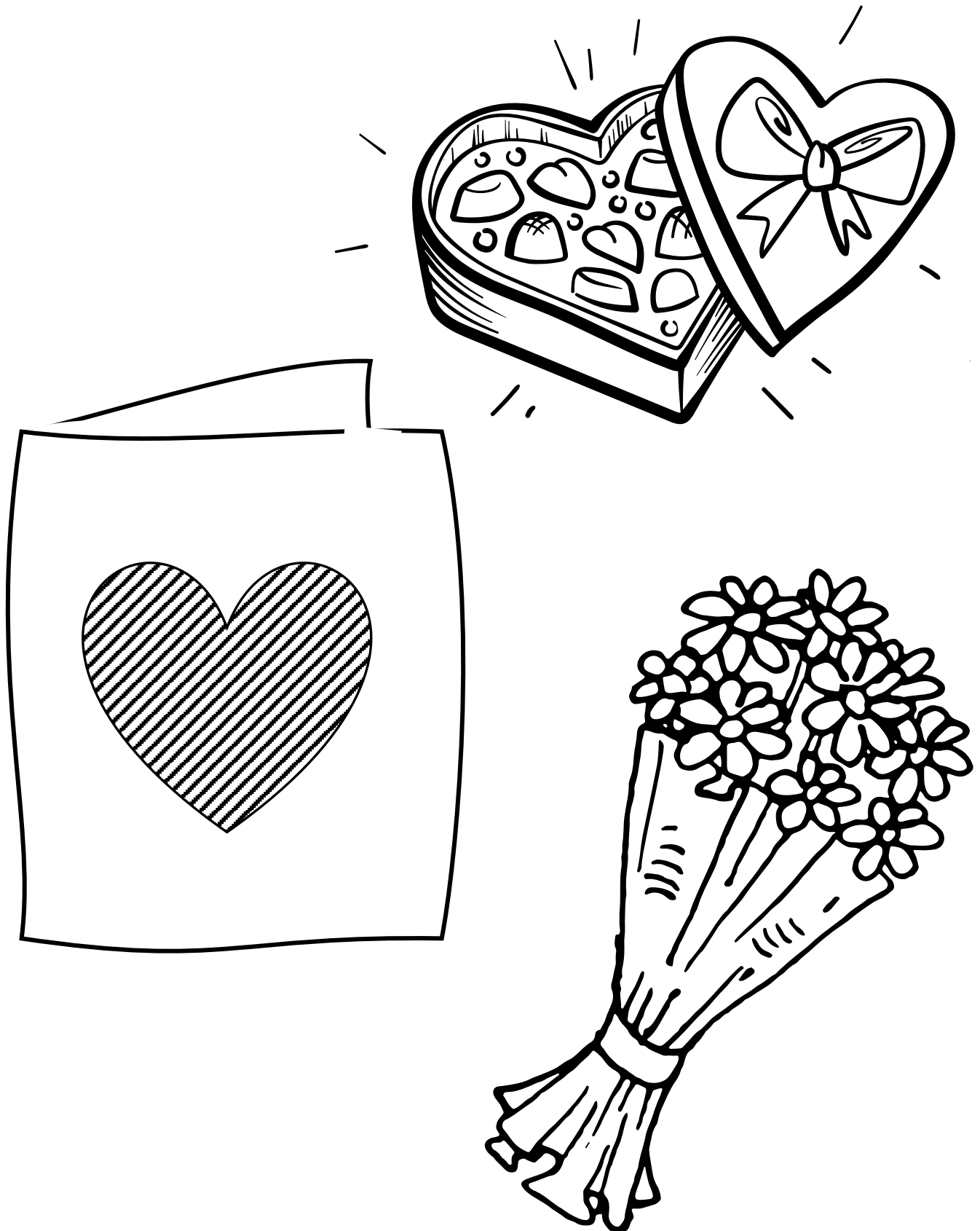


Valentine's Day is celebrated by giving people in your life cards and gifts to let them know how much you love them.





Common gifts people exchange are candy, cards, and flowers.



The origins of Valentine's Day, as celebrated today, come from a mix of Christian and ancient Roman traditions. Christians celebrate a man named Saint Valentine of Rome on this holiday.



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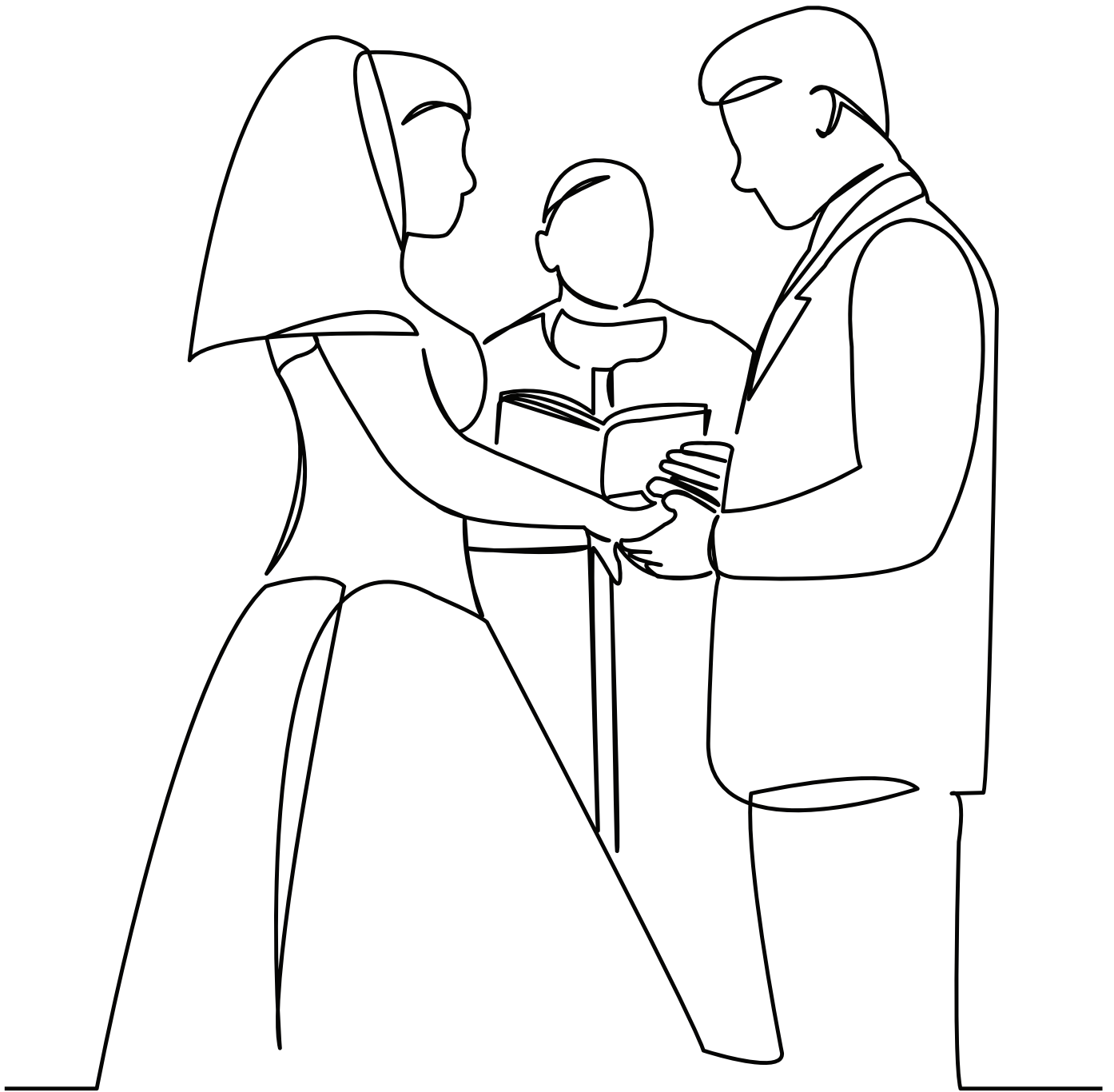
A long time ago, St. Valentine was arrested because he was a Christian and had to stay at Judge Asterius's house. While he was there, he healed the judge's blind daughter in God's name and was set free.

# ST. VALENTINE

BISHOP OF TERNI, NARNI, AND AMELIA



Around the same time, emperor Claudius II had decreed that no young men could be married. He thought unmarried men made better soldiers, so he outlawed marriage as part of his plan to send all the unmarried men to war.



St. Valentine did not think this law was fair and continued to marry people even though it was against the law. When Claudius II found out, he ordered St. Valentine be put to death.

In the year 496 AD, Pope Gelasius declared February 14<sup>th</sup> to be St. Valentine's Day to honor the life of St. Valentine of Rome who died on that day in 269 AD.





The holiday was celebrated with a large feast and Catholics around the world today ask St. Valentine to grant them happy marriages.

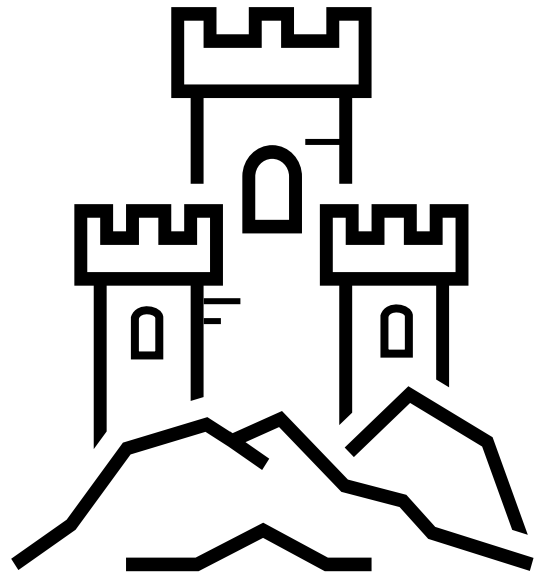
English poet, Geoffrey Chaucer is believed to be the first to write about Valentine's Day as a romantic celebration in his 1375 poem, "Parliament of Foules."



"For this was on Saint Valentine's Day  
When every bird comes there to choose his match  
Of every kind that men may think of  
And that so huge a noise they began to make  
That earth and air and tree and every lake  
Was so full, that not easily was there space  
For me to stand——so full was all the place."

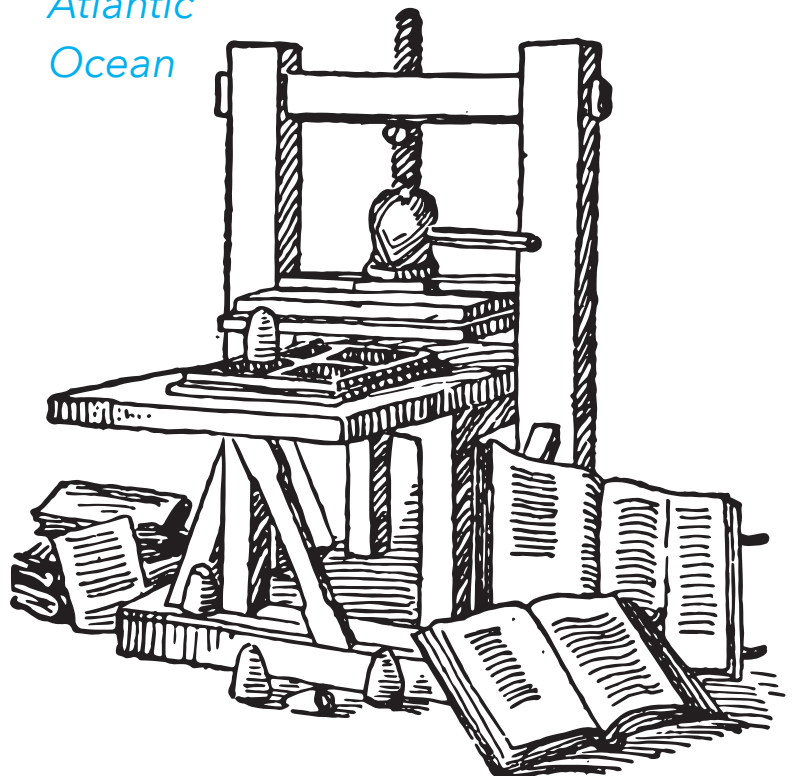


The exchange of romantic Valentine's Day cards and gifts became common in Europe by the year 1400 AD.



In the North American colonies that would become the United States of America, giving hand-made Valentine's Day cards and gifts became a common practice by the mid-1700s.

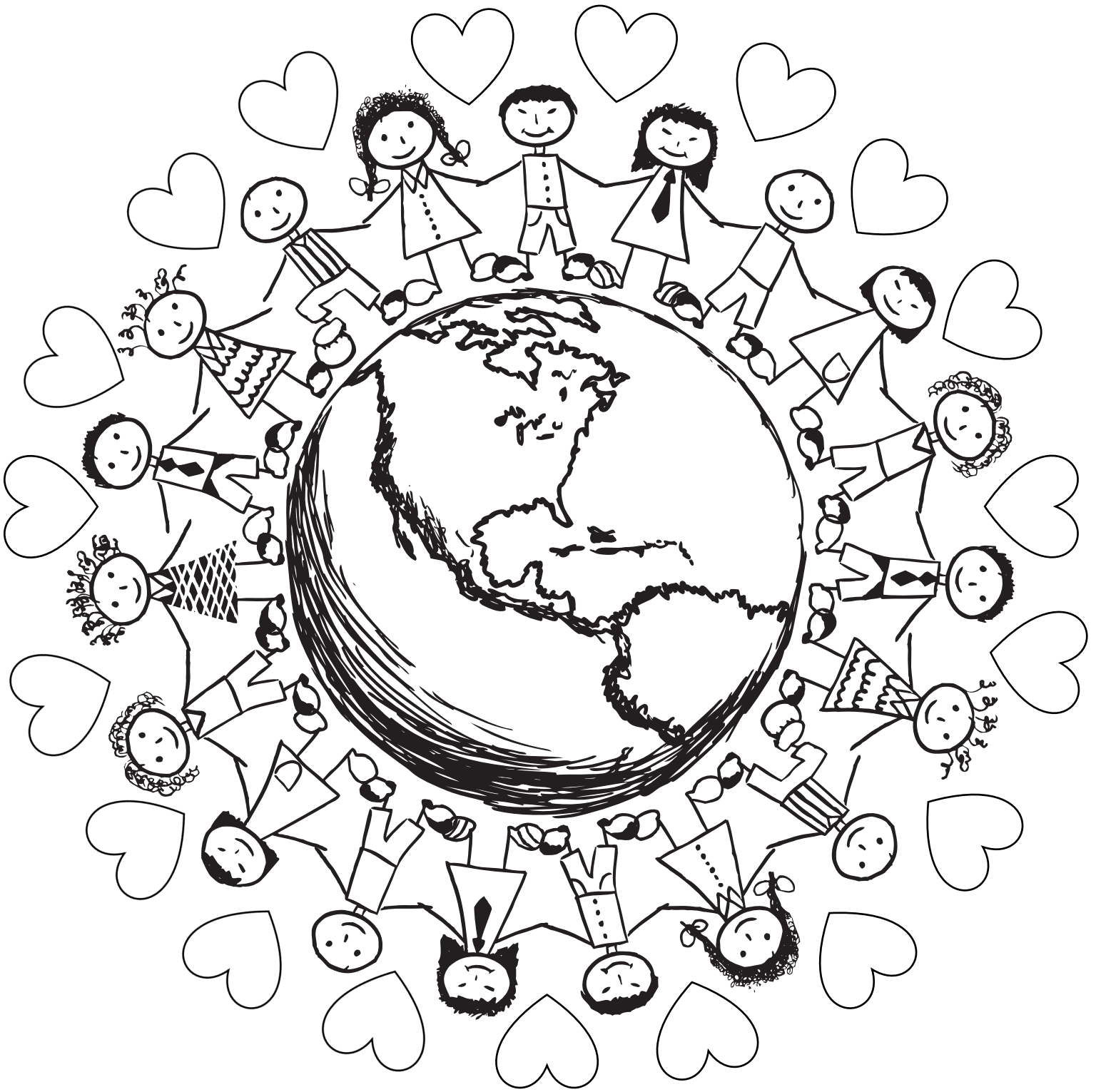
North  
Atlantic  
Ocean



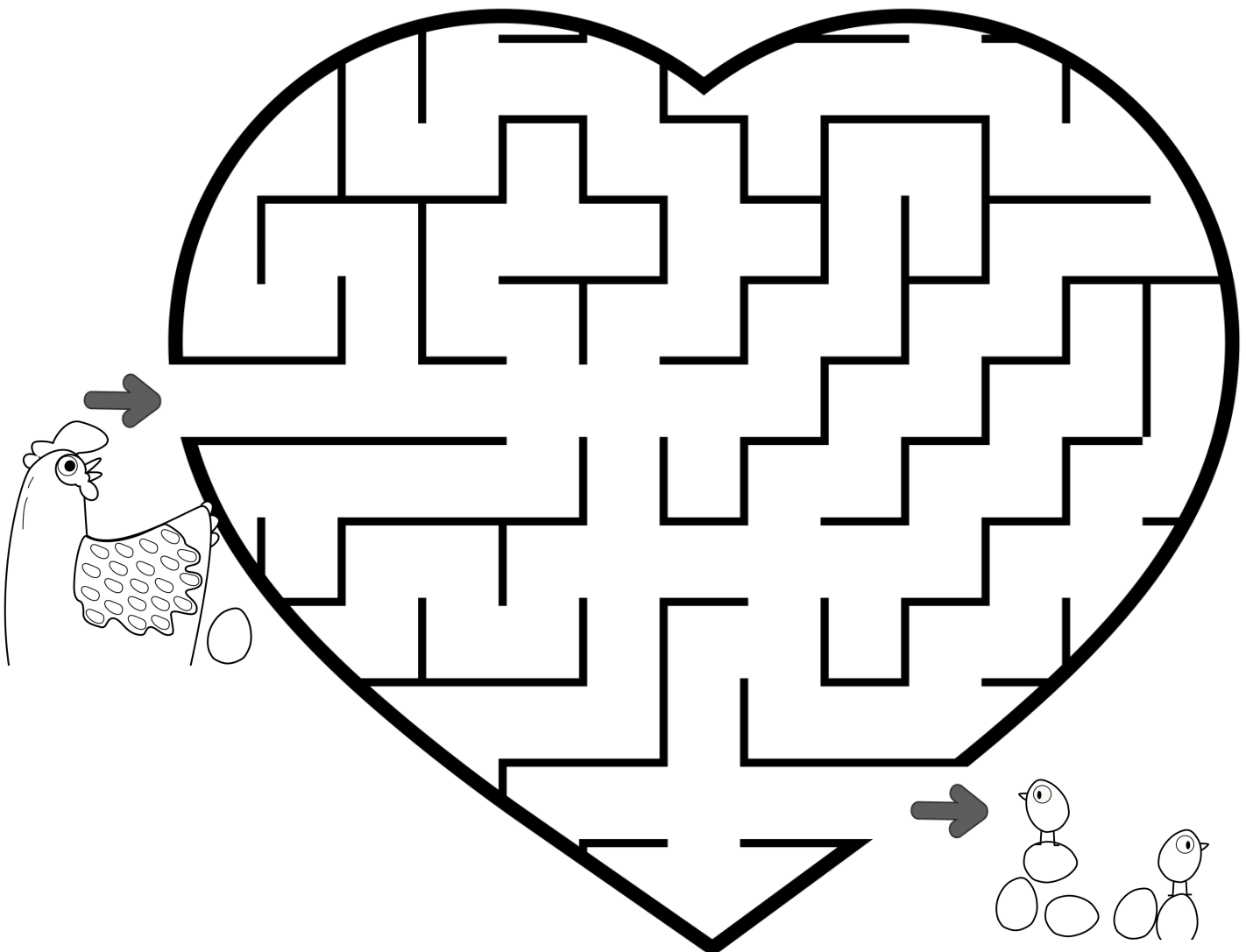
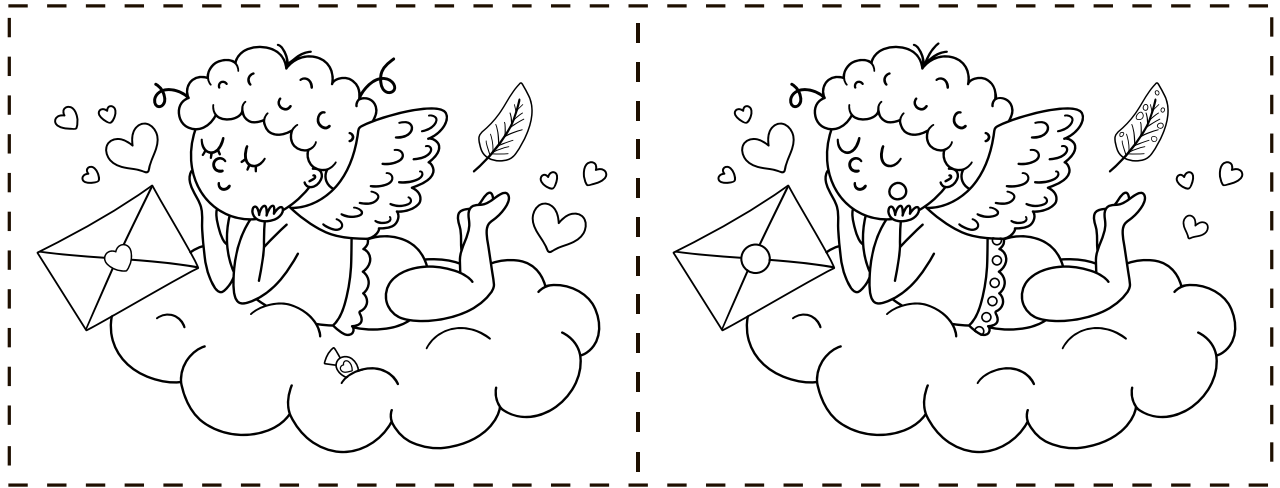
Over time, the use of the printing press made pre-printed Valentine's Day cards more popular, and by 1900, cheaper postage made it affordable to even mail Valentine's Day cards.

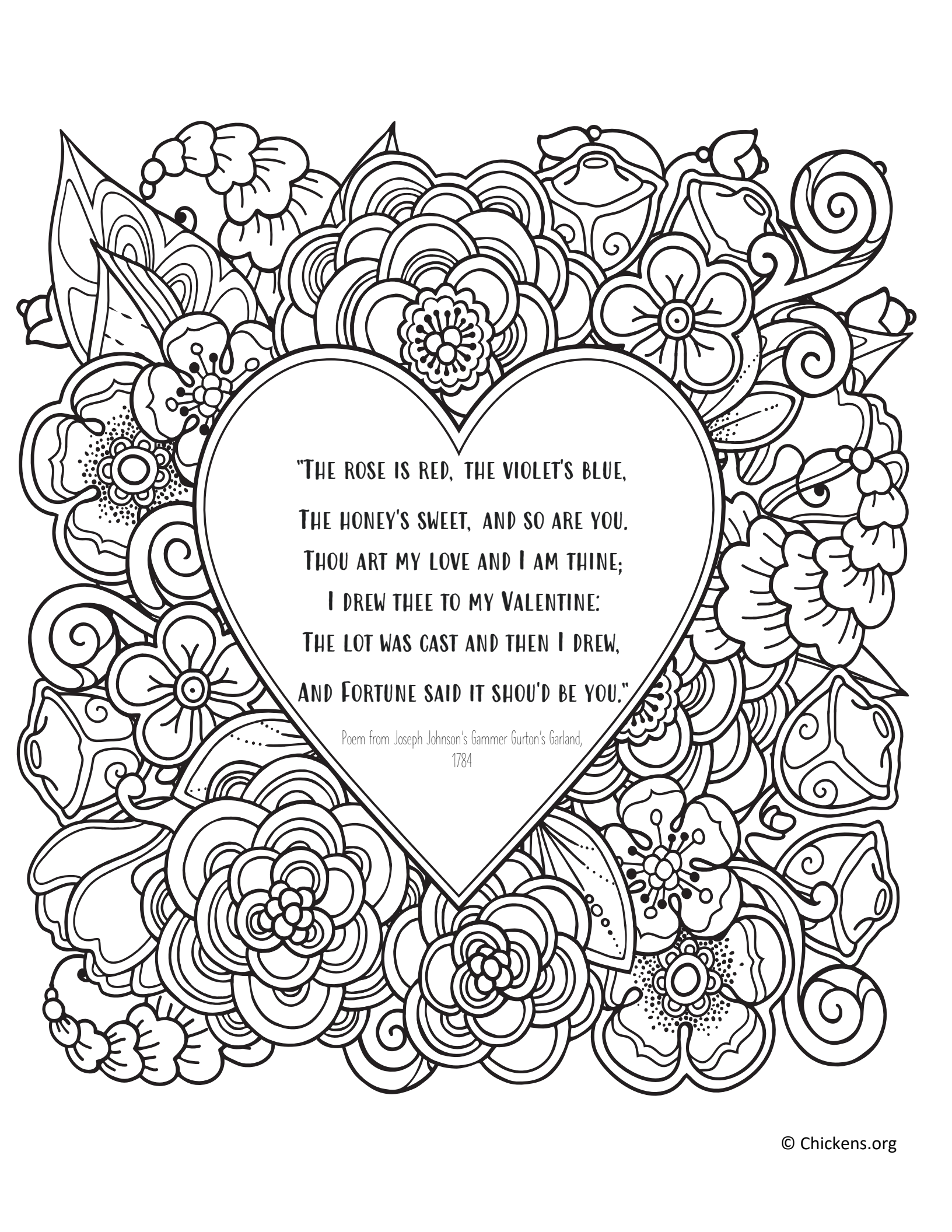


Today, Valentine's Day is celebrated around the world, mainly in Australia, Canada, Italy, France, Mexico, the United Kingdom, and the United States.



# Spot 10 differences & color



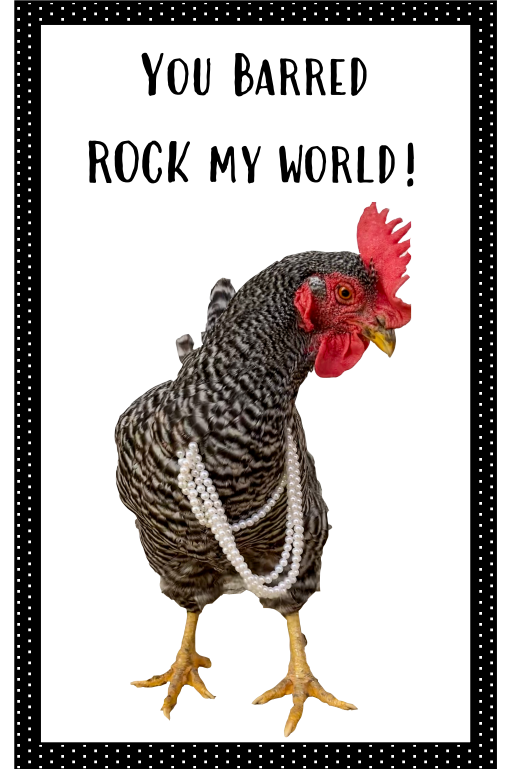
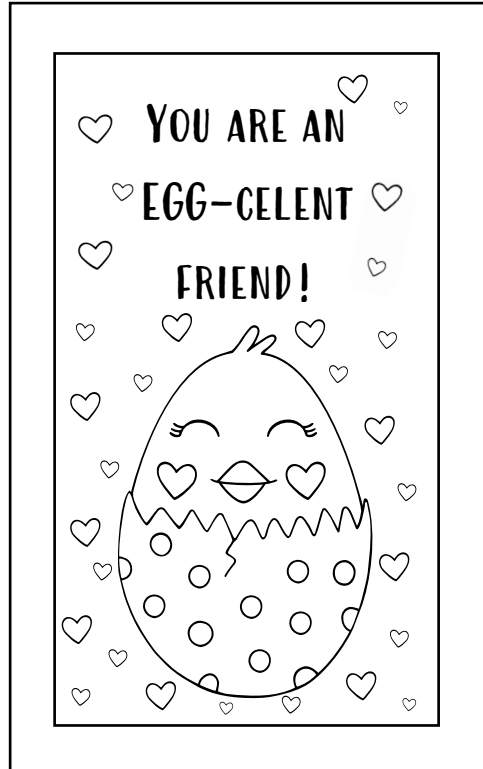


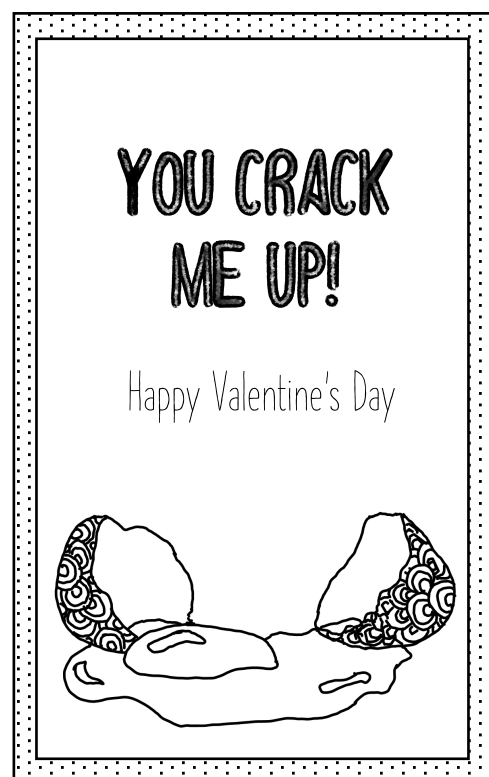
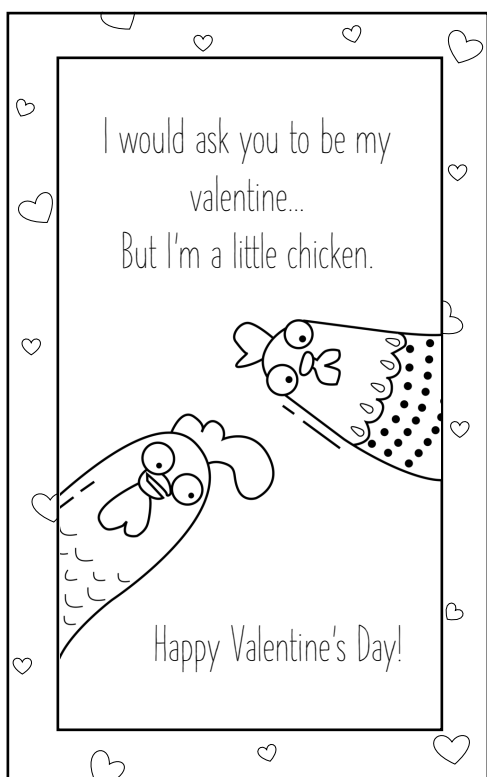
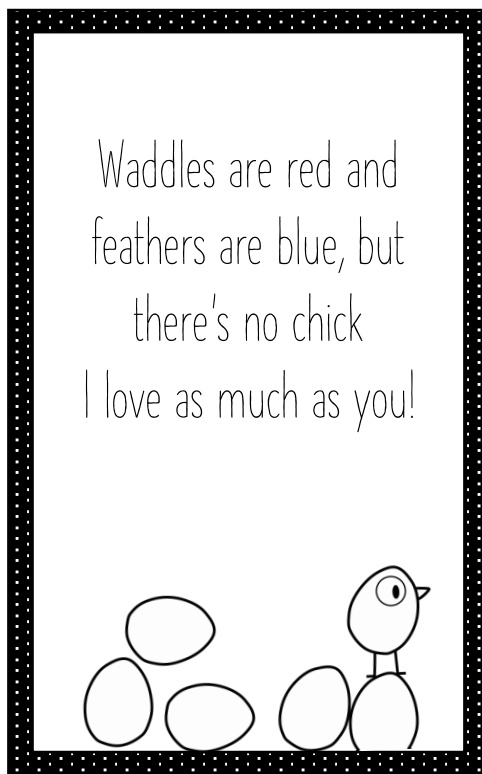
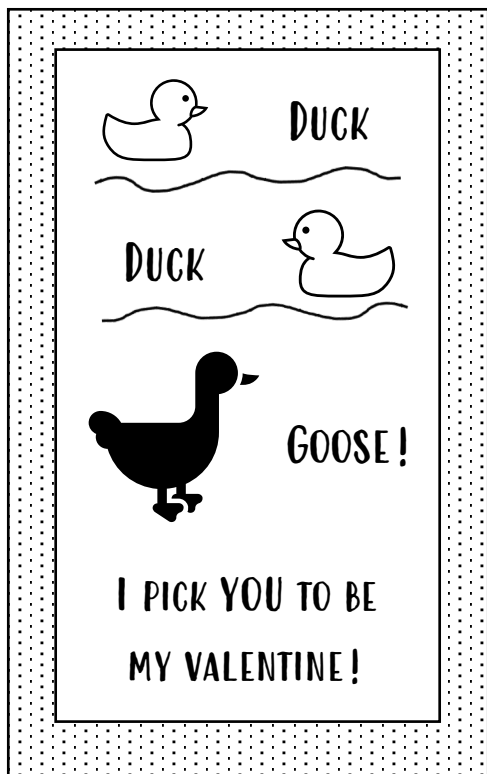
"THE ROSE IS RED, THE VIOLET'S BLUE,  
THE HONEY'S SWEET, AND SO ARE YOU,  
THOU ART MY LOVE AND I AM THINE;  
I DREW THEE TO MY VALENTINE:  
THE LOT WAS CAST AND THEN I DREW,  
AND FORTUNE SAID IT SHOU'D BE YOU."

Poem from Joseph Johnson's Gammer Gurton's Garland,  
1784

# Make your own valentines!

Color and cut out these valentines to give to your family and friends!







Chickens.org offers ad-free, no-cost resources for people who raise chickens or are just curious about chickens. (And we have fun, too.)

We use education and teamwork to help address malnutrition and food insecurity in poor communities. We help establish coops and gardens at community centers such as schools, churches and orphanages, to encourage people to grow their own nutritious, delicious food.

A child who does not get enough healthy food cannot grow big and strong, develop a strong immune system to stay healthy, or be able to learn in school.

But eggs help this! Some hens can lay 200-300 eggs per year. Eggs are full of protein, to help kids grow.

When we help build coops and gardens, we get to teach people about the importance of healthy food, and how to grow it themselves.

[www.chickens.org](http://www.chickens.org)

*Chickens.org is a program of Capax World, Inc., a U.S. based charity that combats malnutrition and poverty through education, agriculture, business development, and more.*





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